

Victory In Jesus Bible Study

Week: Victory Over Feeling Stuck (April 29, 2026)

Scripture: John 5:1-9 (NIV)

Big Idea

Being stuck is not just about your condition, it's about your response when God invites you to move.

Read the Text

John 5:1-9

As you read, pay attention to the man's condition, his response to Jesus, and what Jesus asks him to do.

First Observations

What stands out to you from this passage?

Verses 1-3: A Condition That Lasted

The man had been in this condition for a long time and was surrounded by others in similar situations.

What do you notice about the man's condition and environment?

How might being in the same condition for a long time affect someone's mindset?

In what ways can people become comfortable in situations that were never meant to be permanent?

How does environment influence whether someone stays stuck or begins to move forward?

Verse 6: A Direct Question

Jesus asks the man, "Do you want to get well?"

What stands out to you about the question Jesus asks?

Why do you think Jesus asks this question instead of immediately healing him?

What might this question reveal about the man's readiness for change?

Is it possible for someone to want change but struggle with what comes with change? Why or why not?

What does this question teach us about our own response when God invites us to move forward?

Verses 8–9: The Instruction and Movement

Jesus tells the man, “Get up! Pick up your mat and walk.”

What stands out to you about what Jesus tells the man to do?

What do you notice about how the man responds to Jesus’ instruction?

Why do you think Jesus tells him to pick up his mat instead of leaving it behind?

What does this moment teach us about the relationship between faith and action?

What might prevent someone from responding to God's instruction even when they hear it?
